



Lago Vista Women's Club

Founded in 1978

www.lvwomensclub.com

January, 2018

Words from our President

Trisha Upchurch

I hope you have enjoyed a fantastic Christmas holiday filled with family, food, and festivities. Looking back, for me the holidays really took off with our December luncheon. I enjoyed the holiday music with the 4th and 5th grade choirs and caroling with **Lisa Jackson, Karen Adams,** and **Doug Adasyefski**. And what a give-away! The generous donations from **Judy Muleman, Nora Skaff, Rose Melican, Elyse Ernst, Sheri Roberts, Karen Bell, Paula Fisher,** and **Linda McCullough** enabled us to give away eight monthly surprises. Thank you, Ladies! And thank you to those of you who continue to purchase tickets for the monthly surprises.

January is often a time when we make New Year's resolutions. (I wish I was better at keeping them!) Coincidentally, January is also "Gala Month." If we combine these two, (resolutions and gala), perhaps many of us are thinking about making our upcoming gala one of the best ever! The annual gala, always a time for fun and fellowship, is our club's biggest fundraiser. With healthy involvement in the annual gala and the monthly surprises, we raise lots of money that we give away in the form of community grants and high school scholarships. Many non-profit organizations and high school students have been helped through our contributions to them. The more we raise, the more we can give away! For the BIG GIVEAWAY to take place in May, we depend on generous support of the gala activities. Please consider participation in the silent and live auctions, Pick a Star, and wine pull.

If you are unable to attend the gala, you can still help in other ways. The gala committee continues to collect items and cash donations for the auctions. Please see **Vicki Perrin** or **Elyse Ernst** if you would like more information.

In addition to the gala, this January is uniquely special. This month the Lago Vista Women's Club celebrates its 40th birthday! What a vision **Ann Murrow** had when she launched the LVWC on January 31, 1978. Our January 9th luncheon will be extra-special as we observe this special birthday.

Christmas is over, and 2018 has begun, bringing with it the excitement of a new year. I look forward to great LVWC luncheons, a spectacular gala, and fun-filled special interest group activities. I hope you do, too! See you at the January luncheon!



Trisha Upchurch
President -2018



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Trisha



1978 was the year Ben and Jerry's ice cream was launched, it became legal for cars to turn right on a red light, the Dallas Cowboys won the XII Super bowl and the Lago Vista Women's Club was founded.



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JANUARY

This Month's Luncheon Information

IT'S OUR 40TH ANNIVERSARY LUNCHEON!



Fran Rimmer,

1st Vice President

It's already a new year and hopefully we are looking forward to great days ahead. Our club is blessed to have so many women with different backgrounds and from different areas of the country. In this part of Texas we also have a large number of military men and women that adds to the flavor of this area. Our January speaker is a lovely lady who is not only the wife of a military man but she hails from China. She is also a mom who has the responsibility of raising her children and caring for her home while her husband serves in Afghanistan. Living in China is such a different world and adjusting to a new country wasn't easy. Eve Zou has much to share with us as she takes the time to set aside her duties of wife and mother to help us understand how she has built a warm and wonderful life in her new country. I guarantee you will be riveted in your seats. She is a wonderful speaker. See you there.



About Missed Luncheon Reservations

What happens if you are unable to attend a luncheon after making a luncheon reservation? According to the club's bylaws, if you have not canceled your luncheon reservation in a timely manner (5:00 PM on Wednesday prior to the Tuesday luncheon), you are expected to send a check for the proper amount to the Treasurer, P.O. Box 4501, within ten days. Reservations for other club events will not be accepted until such moneys are paid. Please keep in mind that meals must be paid to our caterer even if the member misses the luncheon. Proper payment for missed luncheons is most appreciated.



Thank you, Ladies, for making your luncheon reservations by the deadline. Following the luncheon deadline allows us to order enough delicious food for each person who makes a reservation. When members show up without a reservation, it can be difficult to serve everyone. Your 2nd vice-president strives to see that all attendees have plenty of food on their plates; please avoid attending a luncheon without a reservation.

Alfred's catering JANUARY MENU- RESOLUTIONS

Chef's Salad Bar Mixed Greens and Spinach with Grilled Chicken, Ham, Bacon, Hard Boiled Eggs, Cheese, Seasonal Vegetables and Croutons Served with Two Dressings and your choice of the Following soups: Meat: Italian Wedding Soup with Sausage — Vegetarian: Vegetable Barley

Bread and Butter and SURPRISE DESSERT!!!



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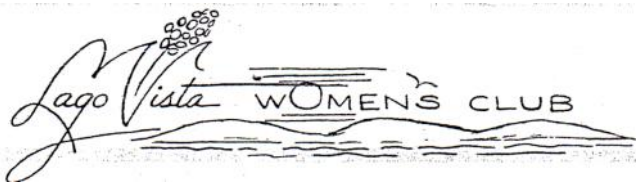


In the Beginning...

Submitted by Anna Johndrow

In researching the origins of our Club, about to officially turn 40 years old, I was gifted with reams of paper that capture the very start of it all. Ann Murrow, founder and first President, entrusted many of her files to me and I have been perusing them with a combination of awe, amazement and subtle amusement. The awe and the amazement are easy to understand, but what about the subtle amusement? Well, as one who has lived in Lago Vista for just over 10 years it is fun to see snapshots of 40 years ago and recapture some of that energy that moved the “youngsters” of back then to create the traditions we now enjoy.

An interesting detail; our yellow rose was not always our identifying icon. Here is our first logo; obviously hand drawn and according to records, by Donna Cowell.



I'm guessing that's a bluebonnet stuck inside the V of Vista.

The first meetings of our Club, were invariably held at the home of Ann Murrow and reading the minutes is eye-opening as they demonstrate that the founding principles of our club have remained intact and present through out our 40 years. References to the many activities that we now call the Special Interest Groups are myriad but none have really gone by the wayside, but instead they have blossomed and grown according to our community's growth and expansion. There was always a Book Review activity, now the **Literary Group**. There was always a gathering to learn and play Bridge...now

two groups with many meetings, there were always excursions to learn about our region and explore new opportunities for enjoying what Texas has to offer, now **Out and About** and **Kick the Bucket**. Crafting, eating out, learning new skills and sharing time together having fun have been hallmarks of our group since its inception in Ann Murrow's living room! Take One of the best examples of the subtle amusement came from this newspaper clipping. (No record of which newspaper it was in.



The article states “No tradition or fact was sacred when a delightful community production of ‘Lago Vista—Then and Now’ was presented February 20 and 21 by the Lago Vista Women’s Club.

The charming revue, written and directed by Marguerite Dews, was a series of music and dance numbers arranged to



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represent a farcical history of the Lago Vista area.

An "all star cast" of 55 Lago Vista residents hammed it up during the evening presentations, complete with musical accompaniment, costumes not necessarily designed to flatter the figure, and a delightful ability to laugh at themselves.

Production highlights featured the early days of Lago Vista with Tom (Nighswonger) Landry and the Cowboys and Indians, the wildflowers of the hill country [sic], a saloon scene, Texas Senators DoLittle and DoNothin, and an "Oh you Beautiful (mechanical) Doll" routine, complete with a little soft shoe by Greg Murrow."

As the date for our 2018 Gala draws near it is also important to acknowledge that from the very beginning of our Club's activities the stated goal was to bring together women of our community to have fun, to enrich their lives with new experiences and opportunities but TO GIVE BACK TO THE

COMMUNITY.

One of the very first community projects spearheaded by the nascent organization was to fund the purchase of a resuscitator doll that the fire department requested and used in training personnel.

After our very first fund raising effort the Club donated \$1,200 worth of life saving equipment including the life-sized mannequin pictured here with Ann Murrow and Ray Denton,; ambulance blankets, breathing apparatus and a special jump seat for the ambulance. Today we celebrate Galas to raise the funds we use to continue supporting our community. To date we have gifted graduating senior girls and community organizations over \$400,000.00. We are grateful for the blessings of so many hard working, contributing members who make our Club both fun and meaningful to our community.





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What's Going On This Month



SIG Challenge... we're in the final stretch! The Catch a Star SIG challenge collects change (or folding money, we ain't particular) after each get-together. This money is used to purchase the prizes for the Catch a Star fund raiser during the Gala. Current front runner: Wine Tasting Around the World. First runner-up: Bunco and second runner up: Friday Learning Bridge. Which SIG group will be the BIG WINNER?



Artistic Divas- will meet at the Lago Vista Library on Friday, January 5 from 2-4 pm for planning ideas and crafting decorations for 2018 monthly Luncheon table decorations. See updates on the upcoming Mosaic class. **See page 6 for details.**

Bunco- BUNCO CHANGES-ON your mark, get set, mark your calendars! The LVWC Bunco Group is excited to announce that in January, we will double the FUN by adding a second afternoon of play. This means that we will play on Monday, January 8 AND on Monday, January 22. We always begin playing at 2 p.m.; so come a little early to grab some refreshments and greet friends. Every LVWC member is welcome. We meet at the POA Bluebonnet Room and bring \$2. Questions? Call Debbie Long 512-914-6773

C.A.R.E. Group
Compassionate, Attentive, Reassuring and Encouraging ladies are ready to hear from you! Please do not hesitate to reach out to us if you or some member you know is ill, in the hospital, facing an upcoming surgery, or going through a difficult time. **Also if you need a ride to the monthly luncheons let us know.** If you haven't given us your birth month and date, please do. We want to acknowledge you on your special day! **See page 5 for details**

COOKING POT Since the first Monday in January is New Years Day, Cooking Pot will be held on January 8th at the home of Greta Dusa. See those of you who signed up and paid then for more culinary excursions.

Hi! Tech-Computer classes Holiday break until Jan. 16 when we'll start up again with Excel. We will now do the same software for 4 weeks in a row. **See Website for details.**

Learning Bridge-Every Friday, 10:00 am to noon. Bluebonnet Room, Activity Center: American Drive at Boggy Ford.

Literary Club- Tuesday, January 16 at 12:30 in the Bluebonnet Room, Activity Center -American Drive and Boggy Ford. This month's book- ***VANISHED: The Sixty-Year search for the Missing Men of World War II*** by Wil S. Hylton. In the fall of 1944 a massive American bomber carrying eleven men vanished over the Pacific islands of Palau, leaving a trail of mysteries. For sixty years, the U.S. government, the children of the missing men, and a maverick team of scientists and scuba divers searched the islands for clues. In this spellbinding narrative, Wil S. Hylton weaves together the true story of the missing men and the real reason their disappearance remained shrouded in secrecy for so long. This is a story of love, loss, and faith.

Mah Jongg—PLAYING ALL FIVE WEDNESDAYS IN JANUARY!
1pm-4pm in the Johnson Room at the K-Oaks Clubhouse. Bring drinks and snacks, if desired. This interesting, exciting and FUN ancient Chinese tile game with 4 (or 3) ladies per table uses the National Mah Jongg League rules and uses both skill and luck. Whether you are an experienced player or new to the game, please come join us (free lesson!)

Merilea Pannell-Coordinator merilea@aol.com 817-458-2312
Rose Melican-Assistant

Party Bridge -\$2 per session on the 1st, 3rd and 5th Fridays of each month! 1:00 pm. Bluebonnet Room, Activity Center
Pat S. 512-267-3508 Susan K. 512-267-0210

Wine Tasting Around the World -Ellie S.-503-201-2708, Elyse E. 832-603-2051, Sheri R. 281-782-7817



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Bits and Pieces

News and Views



Artistic Divas met on January 1 at the Lago Vista library for another Mosaic Bling jewelry class. Later that afternoon, the Divas along with the CARE Special Interest Group made birthday cards for the LVWC members.

Please join the Artistic Divas for Crafts on January 5, 2018 at the LV Library at 2-4pm. We need your help with special table decorations.

Our second introduction to Mosaics class will meet on January 12 (to mosaic) and January 19 (to grout) at the Lago Vista Library from 12:30-3:30 both days. The cost to participate varies from \$20-\$30, depending on the materials that you use (see flier for details). You need to purchase some tools to use before the first class that you can bring them with you. (Hobby Lobby or maybe the hardware stores in Cedar Park should have what you need.) If you decide you are never going to use these tools again, Mindy will purchase them from you so that she will have tools for other class use in the future. Please contact Beverly Lee to sign up for the class.



C.A.R.E. Group News

We have an awesome group of Compassionate, Attentive, Reassuring and Encouraging ladies ready to hear from you!

Please remember the only way we know that there is a need for our service is if you tell us! Please do not hesitate to reach out to us if you or some member you know is ill, in the hospital, facing an upcoming surgery, or going through a difficult time. We are here for you! Also, if you haven't given us your birth month and date, please do. We want to acknowledge you on your special day! Thank you,

Christy Ordener 432.349.5492

Mindy Hensen 512.267.3962

Say Happy Birthday to those of us celebrating birthdays in January.



Shirley	Fenley	1/1-
Joyce	Wilbanks	1/1-
Rachael	Deaton	1/7-
Joy	Modawell	1/11-
Jessa	Reid	1/13-
Linda	Murphy	1/15-
Shirley	Boleman	1/19-
Martha	Mcrae	1/20-
Debby	Smith	1/20-
Annie	Kounse	1/21-
Jane	Russell	1/22-
Beverly	Lee	1/25-
Edna L.	Nance	1/30-
Cleta	Brewster	1/31-
Nora	Skaff	1/31-
Rhonda	Treaster	1/31-



When you have me, you immediately feel like sharing me. But, if you do share me, you do not have me. What am I?

Answer on page 7.



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Bits and Pieces

News and Views (continued)



The Cooking Pot

The **Cooking Pot** group went to France in November, well at least our taste buds did! The ladies

in charge of the menu were: Susan Knox, Nora Skaff and Betsy Brown. The event was again at the wonderful house of Robin Little. The starter was an Alsatian Bacon and Onion Tart that was amazing, followed by Pumpkin Soup (don't knock it until you have tried it, yummy), Beef Bourguignon with a side of asparagus and for dessert, Nutella Berry Crepes. I will be making at least the Beef Bourguignon for New Years Eve. It was that wonderful.

In December we did a "Texas Christmas". Menus were a result of the work of the leads, Judy Guthrie, Greta Dusa and Robyn Burkhart with technical assistance from Ro Cass. What a meal we had: The appetizer was Sweet Potato and pecan sausage bites. That was followed by a Pear Gorgonzola Salad. The main course was a stuffed Pork Loin which was accompanied by fresh green beans and fingerling potatoes with a tarragon cream sauce. The finishing touch was Pumpkin/Pecan toffee Bars with a caramelized cream sauce. NO one went away from this one hungry. We ended with a White Elephant Christmas exchange that brought more laughter to the whole group. It is thought that Judy Guthrie decided to clean out ALL of her unnecessary items for this -- over achiever!

We all hope that your Christmas and New Year celebrations were full of friends, loved ones, warmth, health and laughter.

Year Book Updates

All additions or revisions to the yearbook should be sent to our Membership chair, Elyse Ernst by January 15! Email her [HERE](#)



Monthly Surprise contributions:

Many thanks to the following for their December

monthly surprises. Rose Melican, Elyse Ernst, Sheri Roberts, Karen Bell, Paula Fisher, Judy Muhleman, Linda McCullough and Nora Skaff. The January surprises are being contributed by Fran Rimmer and Peggy Gibson.



Gala Gals Will be meeting to undeck the K-Oaks halls on January 2nd @ 2pm @K-Oaks) and again on January 9th for the 40th anniversary celebration luncheon LVWC



Mark your calendars for tor Tuesday January 16 @

Donna's house, 9:30 am final prep plans. and Friday Jan. 26 @ 9am K-Oaks set up for the Gala. Show Time !!!!Reach Donna at 512-267-5947

MEETINGS

LVWC is a 501 (c) (3) Non-Profit Organization
All meetings are open to everyone.

- **LVWC Executive Committee Brunch**
First Tuesday of the month
K-Oaks Club House-9:30 am
Sunflower Room
- **LVWC Luncheons**
2nd Tuesday of the month
K-Oaks Clubhouse-11:00 am



Answer to the Brain Teaser from page 5
A SECRET!



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New Years' Resolutions



Funny Resolutions Gathered from the Internet:

- 1- Start a Gym named "Resolution" that runs for the 1st month of the year, collects subscription fees, then converts to a bar named "Regret".
- 2-My New Years' resolution is that donuts have no calories.
- 3-Resolution: Stop pretending that I'm going to keep these resolutions.
- 4-I resolve to start writing 2018 on my checks instead of 2017.
- 5-Get down to the same weight I was when I first thought I was overweight.
- 6-My resolution is to be more assertive, if that's OK with you guys?
- 7-I resolve to stop making resolutions.

The 10 Most Popular New Years' Resolutions Crammed into One

According to an article published on the website Goliath.com, the most popular New Years' resolutions, in ascending order of importance are: Improve relationship, spend less time on Social Media, volunteer, travel, eat healthier, be smarter with money, drink less alcohol, learn a new skill, quit smoking and exercise more. So, here is a take on lumping them ALL into one massive New Years' Resolution!

"I resolve to treat my spouse with kindness by putting down my smart phone, volunteering to travel to the fast food store to pick him up a salad that is a day old so its cheaper, pour out half of the cocktail I just learned to make after I snub out my cigarette and run around the house in desperation looking for another pack of cigarettes!"



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January,



Come Fly with Me



We are preparing for the takeoff of our 2018 **"Come Fly With Me"** Gala. The evening of January 27 promises to be full of fun. The auctioneers will be on board, and the band will provide the in flight music (dancing on board permitted!). Your view will be full of amazing decorations, diligently crafted by Donna Nash and the Gala Gals.

Everyone on the Gala committee, along with so many of you generous ladies in LVWC, has been busy working on the details and gathering items for our live and silent auctions. We have some wonderful live auction items, some of which would be perfect for bidding with a group of friends, as the item would accommodate several people. Among our live auction items are: a week's stay at a beautiful home and casita in Santa Fe, New Mexico, which sleeps 6 – 12 people; a week's stay at a vacation home in Ruidoso, New Mexico which sleeps 12; and, one week in a one bedroom condo at Falls Resort in Ogunquit, Maine. Other items being offered are a private plane ride for two from Rusty Allen Airport including lunch in Fredericksburg or Llano; a lovely dinner for 6, including wine, at Asti Trattoria in the Hyde Park community in Austin; and, a wine tasting class for 20 at Total Wine.

Silent auction item donations continue to come in and there will be a wide range of items on which to bid, including jewelry, art, golf packages, entertainment and restaurant gifts, handcrafted items and beautiful gift baskets of a wide variety. Rose, Judy and Nancy will be busy at the popular Wine Pull table where for \$20 donation you receive a bottle of wine valued at \$20 or more! And new this year, the Pick A Star table. Behind each star is a gift valued at a minimum of \$20, many valued higher, and you can pick your star for a \$20 donation. So there will be something for everyone at this year's Gala!

It's not too late to donate an item to our live or silent auctions! We will be collecting items through January 20, which can be dropped off at the Chamber of Commerce office. If you would like someone to come by and pick up your item, we are happy to do that! Contact Vicki (214-766-7441) or Elyse (832-603-2051) and we will make arrangements. And remember, if you would like to attend the Gala but did not purchase a ticket, please contact Melony (melonykempflwvc@gmail.com) and ask her to place you on the waiting list.

Have your boarding passes ready, your amazing flight is about to take off and you will be flying first class, all the way!

Vicki Perrin



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Happy New Year! The new year brings some new changes! We have a different registration form for our luncheons and this one generates an automatic email confirmation! Woo hoo! That means that when you register for the luncheon, you will get an email response indicating how you answered the questions on the form. Yippee!! Access the reservation page on our website [HERE](#).

You might notice that none of the questions on the NEW registration form ask about special dietary needs. Our caterer is aware of our special needs and always makes sure that we are well taken care of with suitable options. If you ever have a concern about your dietary needs, please contact me by phone call, text, or email and I will make sure that your concerns are met.

We have a very special caterer! Knowing that many of us will have made New Year's Resolutions, Alfred planned a soup and salad luncheon for us! How cool is that! And, we have a very special dessert planned, but it is a secret and a surprise!

Our deadline for registering for the luncheon just might sneak up on you!!! The deadline is January 1st, 2018!! My suggestion to you is to get registered NOW so that you don't forget!


Before each luncheon, I could use some help getting the glasses, cups, plates, etc. out of the closet and set up for our use, along with a few other minor tasks. After the luncheons, everything has to go back into the closet. But don't worry; NO DISHWASHING INVOLVED! If you are interested in helping before or after the luncheons, please let me know by sending an email, text or by giving me a call. The work is not hard and with several of us helping out, it goes pretty fast.

See you on January 9th!

Thank you!

Mindy Hensen
"Lunch Lady"
2nd VP Social
[512-636-0423](tel:512-636-0423)

Be sure to get your tickets for the January Monthly Surprise! Only \$2 each or 3 for \$5 and the proceeds support our Philanthropic Committee.



HAVING AN EVENT?

If you are planning an event at K-Oaks and would like to rent either the table settings or our table cloths, contact 512-623-0022.

Box Tops for Education Lago Vista Elementary School has participated in the BOX TOPS FOR EDUCATION program since 2002, earning over \$10,000. (Fund use is restricted.) Visit boxtops4education.com for a list of participating products and valuable coupons. Bring your BT4E to the Women's Club Luncheons and place them in the collections basket in the bar area.

